



# RUSSIAN GULCH REQUIREMENTS

## JULY 1<sup>ST</sup> – 7<sup>TH</sup>, 2012

### CAMP ROYANEH

The Russian Gulch trek is a demanding, 7 mile backpacking trip to a remote forest location. Please read the requirements below and make sure you are able to complete a trip like this before applying.

#### Cost:

- In-Council Youth: **\$325**
- Out of council Youth: **\$355**
- Adult leader: **\$185**

#### Space is limited!

- 12 scout slots, age **15 – 17**
- 4 adult leader slots, age **18+**

#### Requirements:

##### - **Be able to complete a 10 mile hike carrying a full backpack**

The trail to Russian Gulch has steep portions and some areas with uneven terrain. The weather will be warm and there isn't any water along the trail. You must be able to handle these conditions in order to complete the trek.

##### - **You must bring the following:**

- Backpacking Pack
- Backpacking tent
- Sleeping bag
- Mess kit with utensils
- Water bottle(s) with at least 64oz capacity  
There is water at the Russian Gulch site but none along the trail to get there. Bring as much water as you think you will need for the hike, and remember it is summer and the weather will be warm!
- Long pants, light jacket
- Hiking boots (don't forget to break them in first!)
- Hat, sunglasses
- Swimsuit
- Clothing for 7 days
- Pocketknife, compass, flashlight
- Personal first aid kit, sunscreen, lip balm, insect repellent, toiletry kit, towel
- Small notebook and pen (must keep a journal for Backpacking merit badge)